



SPRING 2022 COUNSELING CENTER EVENTS

Join us!

All events are free and open to the OCC and Kean Ocean Communities. Contact the Counseling Center for more information or to register.

Scan the QR Code to visit the
Counseling Center Events Webpage



Guidance in Grief

3/30/22 1 – 2pm
Bldg. #4, Rm 113

Empowerment Self Defense

4/14/22 12:30 – 1:45pm
HOVN 108

Level UP your Social Game

4/19/22 11am
Bldg. #4, Rm 113

4/26/22 11am
Virtual

Mental Health First Aid

4/22/22 9am – 4pm
Virtual

Registration required by 4/1/22

QPR: Question, Persuade, Refer

4/29/22 10 – 11:30am
Virtual

Meditation Under the Stars

5/5/22 12pm
Planetarium

Relax and Recharge

Monthly
Check webpage for updates

Library (Bldg. #3), Rm 010
732-255-0386

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